PRAYER OF ST. THOMAS AQUINAS

Almighty and eternal God,

I approach the Sacrament of Your only-begotten Son, Our Lord Jesus Christ. As a sick person, I approach the physician of life; as a person unclean, I come to the fountain of mercy; blind, to the light of eternal brightness; poor and needy, to the Lord of heaven and earth. I beseech You, therefore, in Your boundless mercy, to heal my sickness, to wash away my defilement, to enlighten my blindness, to enrich my poverty, and to clothe my nakedness.

Let me receive the Bread of angels, the King of kings, the Lord of lords, with such reverence and humility, such contrition and faith, such purpose and intention, as may help the salvation of my soul. Grant, I beseech You, that I may receive not only the Sacrament of the Body and Blood of our Lord, but also the grace and virtue of the Sacrament.

O most indulgent God, grant me so to receive the Body of Your only-begotten Son, our Lord Jesus Christ, which He took of the Virgin Mary, that I may be found worthy to be incorporated with His Mystical Body and numbered among His members.

O most loving Father, grant that I may one day forever contemplate Him unveiled and face to face, Whom, on my pilgrimage, I receive under a veil, Your beloved Son, Who lives and reigns with You and the Holy Spirit, one God, forever and ever. Amen.